

THE LINK

ISSUE 1 – OCTOBER 2016

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Welcome to Gosford Regional Community Service's new look newsletter – The Link.

Gosford Regional Community Services proudly operates a number of community services throughout the Gosford region including Wyoming Community Centre, Point Clare Hall and Wyoming Out of School Hours Care.

Here, you can find out important news and information about what's happening in your local community.

OUR NEW LOOK

We're excited to share our brand new look with you all!

Gosford Regional Community Services is dedicated to supporting residents of the wider Gosford Community through advocacy, referrals and information, as well as the delivery of a diverse range of activities and services.

Make sure you check out our new look website at www.gosfordcommunity.org.au and follow our Facebook page 'Gosford Regional Community Services' for regular news and updates.



COMMUNITY MOVIE NIGHT

Thank you to everyone who came along to our free movie night on Friday 16 September at Wyoming Community Centre.

Superheroes big and small turned out in force for our screening of Big Hero 6 and a fantastic time was had by all.

Check out some snaps that were taken on the night!



HONE YOUR SKILLS AROUND THE HOME

Our \$5 Friday Handy Home & Garden Demonstrations have been a great success with participants learning about subjects such as knife sharpening, mower repair and home-made furniture polish to name a few. We are currently drawing up our new program so watch this space!

LOVE FOOD HATE WASTE?

We can all save time, save money, eat well and cut food waste by making simple changes to everyday habits. Love Food Hate Waste aims to raise awareness about the environmental, economic and social impacts of food waste and reduce the amount of food sent to landfill.

Join us at Wyoming Community Centre on Monday 7 November from 11am to 12.30pm for an informative session which will not only benefit the environment, but your wallet!

COMMUNITY SUPPORT TAX RETURN HELP

Do you need help lodging your tax return? You may be eligible for the Tax Help program.

Tax Help is a network of ATO trained and accredited volunteers who provide a free, confidential service to help people complete their tax returns online using myTax.

Please contact Gosford Regional Community Services on 4323 7483 for eligibility information and to book an appointment.

ENERGY BILL SUPPORT

Are you experiencing a short term financial crisis or emergency and need help to pay your electricity or gas bill? You may be eligible for the Energy Accounts Payment (EAPA) Scheme.

This scheme helps people stay connected to essential energy services during a financial crisis. Please note that the EAPA Scheme is not available on an ongoing basis however other types of support are available.

If you would like to book an appointment to have a chat with an EAPA representative, please contact Gosford Regional Community Services on 4323 7483.

REPURPOSED ITEMS

Get your hands on a unique, sustainable piece for your home while supporting the local community. We have a range of beautiful, repurposed items for sale, all of which have been hand-crafted at Wyoming Community Centre's repurpose workshop.

Visit Wyoming Community Centre to check out our beautiful selection of kitchen chalkboards, recycled timber planters and even bee hotels. All of the items in the workshop have been created from reclaimed timber and other recycled materials.





COME GET YOUR FRESH FRUIT & VEG

Do you like your fruit and veggies fresh, local and affordable? The Entrance Food Hub Inc. provides delicious fruit and vegetable bags to local residents. Order a bag and collect it from the Wyoming Community Centre every Friday.

Order before 11am each Thursday by calling 0434 936 111 or 4323 7483.



A WIN FOR THE LOCAL COMMUNITY!

In great news for the community and the local ecosystem alike, Central Coast Council has announced that it will no longer be selling off over 25 lots of community public land for operational use.

In a recent Council meeting, the Administrator resolved to stop the Land Sale Strategy of more than two dozen reserves, parks and greenspaces in the region, including several earmarked lots in

Woy Woy, Tascott, Lisarow and East Gosford.

Each of the 25 reserves, parks and greenspaces are now safe from reclassification and sell-off.

Mr Reynolds also resolved that council engage the community through a new program of 'Adopt a Park'.

Many community members and groups are responsible for the preservation of these important community and recreation spaces. What a wonderful demonstration of community spirit!

COMMUNITY SUPPORT SERVICES & RESOURCES

WE CAN ASSIST WITH:

- JP services & witnessing documents
- Activities for Centrelink volunteer hours
- Printing and copying from 10c per page
- Tax help
- Energy bill support
- Work Development Orders

Call us today on 4323 7483 to book an appointment.



WHAT'S ON AT GRCS

WYOMING COMMUNITY CENTRE

WEEKLY

Zumba	Tuesdays 6pm	Haruko on 0402 731 922
Healthy Living For Seniors	Wednesdays 10-2pm	Call 4355 9600
Central Coast Ukulele Club Student Class	Wednesdays	Liz on 0412 837 008
Young Parents Antenatal Class		Julie on 4365 2622
Young Parents Group	Thursdays (fortnightly)	Julie on 4365 2622
\$5 Friday Handy Home & Garden Demonstrations	Fridays	Call 4323 7483 to book

MONTHLY

Commuter Book Club	2nd Saturday of each month	Ellen on 0434 185 898
Central Coast Poets	2nd Saturday of each month	John on 0449 741 397
Brisbane Water Older Women's Network	3rd Friday of each month	Jenny on 4369 3228
Anxiety Support	3rd Saturday of each month	Call 9339 6013 or 4323 7483
Wildlife Arc	3rd Sunday of each month	Jan on 4325 0666
Library Book Club	4th Tuesday of each month	Call 4323 7483

POINT CLARE COMMUNITY HALL

BWDance School	Mon-Thurs afternoons during term time	Call 0407 782 966
Tascott Point Clare Playgroup	Tuesday mornings during term time	Frances on 0427 773 317 or franceshanna@yahoo.com
Koolewong and Point Clare and Tascott Progress Association	Bimonthly	Helen - kpctpa@bigpond.com

